REVISED – March 5 -2021



Softball Manitoba Return to Play Overview

All Softball Manitoba RTP Guidelines are contingent upon updated Public Health orders. Effective March 5, 2021, Manitoba Public Health has updated their orders related to sporting activities.

Orders must be followed and can be viewed here: https://manitoba.ca/asset_library/en/proactive/2020_2021/orders-soe-03042021.pdf

Clarification regarding Order 14:

You can have:

- Cohorts of 10 or less;
- Multiple cohorts are allowed in a gym but they cannot intermingle or intersect;
- Coaches cannot interact with other cohorts when there are multiple cohorts in the facility.

CHECKLIST FOR INDOOR TRAINING:

- Follow all MB Public Health orders
- Follow all facility specific guidelines
- Complete the COVID-19 on-line screening tool before entering the facility for each visit. <u>https://sharedhealthmb.ca/covid19/screening-tool/</u>
- Attendees' names and contact information must be tracked, and the record must be kept for at least 21 days.
- Physical distance (6 feet or 2 meters) always, except for brief exchanges.
- Always wear a mask.
- Hand Sanitizer or handwashing stations must be available.
- Spectators are not allowed.
- Ride sharing is not allowed.
- Arrive no more than 15 minutes before your session.
- Change rooms are not to be used. Arrive dressed, ready for activity.
- Stagger start times, to limit the congregation of people in small areas.

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FURTHER RTP GUIDELINES

PERSONAL HEALTH

Anyone that is showing symptoms of COVID-19 or answered 'yes' to any question(s) on the Shared Health self-screening tool will NOT be allowed to participate.

Hygiene and Sanitization

All players/coaches and managers must sanitize their hands prior to the start of the game/practice and are to continue to sanitize their hands frequently. Recommendations are to sanitize hands at each scheduled break in practice.

Players, coaches and managers are to refrain from licking their fingers or spitting.

Shared Equipment

Amount of shared equipment used is to be limited and MUST be sanitized immediately after each use. Shared equipment refers to bats, gloves, helmets, and all Catcher's equipment.

Game balls – Teams on Defense will be responsible for sanitizing game balls – prior to. Balls are to be sanitized after each game.

Practice Balls – During practices coaches are to have a sufficient supply of balls to allow for frequent sanitization between uses. Balls should be sanitized after each practice session.

Masks

As per Order 27 (1):

A person who enters or remains in an indoor public place must wear a mask in a manner that covers their mouth, nose and chin without gapping.

All coaches and athletes must wear a mask <u>at all times</u>. It is recommended to bring extra masks in the event one gets wet.

Thank you for your cooperation. We all have a responsibility for the health and safety of our players, officials, volunteers and supporters.

Softball Manitoba



www.softball.mb.ca