

RETURN TO SOFTBALL  
NCCP GUIDELINES



# INTRODUCTION

The Return to Softball National Coaching Certification Program (NCCP) information in this document is geared to protect Coach Developers and Coaches with respect to not only local public health guidelines, but also provincial/territorial and federal guidelines, as we return to the classroom and gym/field. Please keep in mind that this is a generalized document and some material may or may not be relevant throughout the country. All NCCP clinics/evaluations will need to follow the recommendations and restrictions based on their respective area. Please remember that these recommendations during the pandemic are fluid and subject to change.



# IMPORTANT CONSIDERATIONS



- ⦿ Adhere to all public health restrictions set by your respective government and health authorities (i.e. maximum # for group gatherings) as well as your jurisdiction's Return to Play guidelines.
- ⦿ Any participants who have symptoms of a cold, flu, or COVID-19, who are at higher risk, or who have underlying health conditions, should not participate.
- ⦿ It is recommended that all participants complete a Declaration Form before participating.
- ⦿ Physical distancing of 2 metres should always be maintained.
- ⦿ Have a first aid kit with a supply of materials including masks and gloves to address any medical concerns or injuries.
- ⦿ Participants should cover their face with the bend of their elbow/tissue if they cough or sneeze.
- ⦿ A closed garbage can (with lid) is recommended to allow for disposing of tissues, sanitizing wipes and other refuse.



# PRE-CLINIC/EVALUATION RECOMMENDATIONS

- 🇨🇦 Participants should be made aware of safety protocols prior to arriving (of both clinic/evaluation and facility).
- 🇨🇦 Facilities should be equipped with proper hand-washing stations and/or hand sanitizer units.
- 🇨🇦 Surfaces (desks/tables/chairs) need to be sanitized before and after use.
- 🇨🇦 Tables/desks/chairs should be arranged appropriately to maintain a 2-metres distance between all participants.

# CLINIC RECOMMENDATIONS



- 🕒 Arrive no earlier than 15 minutes before scheduled time.
- 🌬️ Open windows and doors whenever possible to make sure the facility is well ventilated.
- 🚫 No hand shaking, high fives, or body contact during clinic.
- 🧼 Any equipment and/or clinic material should not be shared, and all equipment provided must be sanitized prior to and in between each use.
- 👥 Activities including group work, micro-facilitation/coaching, role playing, evaluating, technical drills, etc. should be completed using physical distancing.
- 🪑 Participants should keep their same table/desk for the duration of the day.
- 🍴 No sharing of food/water/snacks.
- ✉️ Clinic evaluations/feedback can be done via email post clinic (leave facility immediately upon clinic completion).



# ON-FIELD EVALUATION RECOMMENDATIONS

- 🕒 Follow your Provincial/Territorial and/or Local Associations Return to Play guidelines.
- 🕒 Conduct pre-brief ahead of time via phone/video conference.
- 🕒 Arrive no earlier than 15 minutes before scheduled time.
- 🕒 Sunflower seeds, gum, chewing tobacco, or spitting of any kind will not be allowed.
- 🕒 No hand shaking or body contact during evaluation.
- 🕒 All aspects of the evaluation should be completed using physical distancing, and all paperwork viewed without touching.
- 🕒 Have a first aid kit with a supply of materials including masks and gloves to address any medical concerns or injuries.
- 🕒 Debriefs can be done via phone/video conference post evaluation (leave facility immediately upon evaluation completion).