



Community Sport – Ongoing Participation Coach Pathway

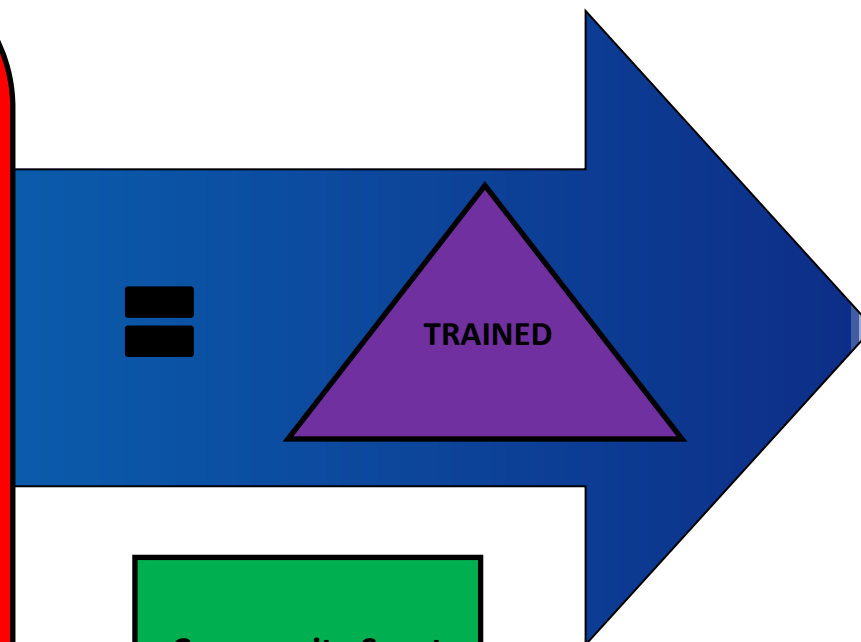
(Fundamentals/Learn to Train/Active for Life Stages)



Community Softball Coach Clinic

1. Module #1
 - a. Introduction
 - b. Setting the Scene
 - c. Participants & Their Sport Needs
 - d. Make Ethical Decisions
 - e. Tasks of a Community Softball Coach
2. Module #2 – Fundamental Softball Skills
 - a. Dynamic Warm-Up
 - b. Receiving & Throwing
 - c. Fielding Ground Balls & Fly Balls
 - d. Hitting
 - i. Bunting (Sacrifice)
 - e. Baserunning
 - i. Sliding
 - f. Pitching
3. Module #3
 - a. Practice Planning & Sport Safety
 - b. Practice Coaching Session
 - c. Basic Strategy
4. Module #4
 - a. Competition Organization
 - b. Positional Play
 - c. The Rulebook and the Rules

Total = 15 hrs



**Community Sport
Online Evaluation**
(www.coach.ca)

1. Make Ethical Decisions