



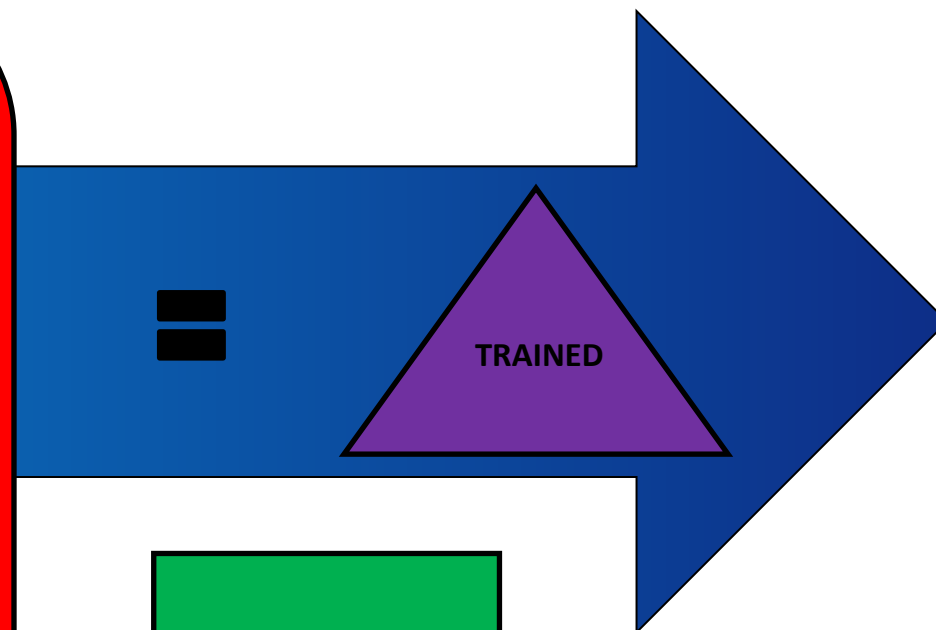
Community Sport – Initiation Coach Pathway (Fundamentals/Learn to Train Stages)



Learn To Coach Clinic (Timbits Softball)

1. Introduction
2. Participants & Their Sport Needs
3. Timbits Softball Program
4. Safety
 - a. Facility Safety Check
 - b. Safety Risks
 - c. Emergency Response
5. Fundamental Softball Skills
 - a. Dynamic Warm-Up
 - b. Throwing & Catching
 - c. Baserunning
 - i. Sliding
 - d. Pitching
 - e. Hitting
 - f. Fielding Ground Balls & Fly Balls
6. Make Ethical Decisions
7. Practice Planning
 - a. Modify a Pre-Designed Activity

Total = 6 hrs



**Community Sport
Online Evaluation**
(www.coach.ca)

1. Make Ethical Decisions