**Access to telephones**

* Cell phone, battery well charged
* Training venues
* Home venues
* Away venues
* List of emergency phone numbers (home competitions)
* List of emergency numbers (away competitions)
* Change available to make phone calls from a pay phone

**Directions to access the site**

* Accurate directions to the site (practice)
* Accurate directions to the site (home competitions)
* Accurate directions to the site (away competitions)

**Athlete information**

* Personal profile forms
* Emergency contacts
* Medical profiles

**Personnel information**

* The person in charge is identified
* The call person is identified
* Assistants (charge and call persons) are identified

**First aid kit**

* The medical profile of each athlete is up-to-date and in the first-aid kit
* First-aid kit is accessible at all times and checked regularly