



3 to 4 Hour Refresher Clinic

- 1) **Half Hour Pre Clinic – Registration**
- 2) **30 Min – Opening**
 - i. Instructors introduction
 - ii. Agenda
 - iii. Facility introduction
 - iv. Role of the clinic
 - v. Role of the “local umpire”
 - vi. Use of the Rule book, Case book and Manuals
- 3) **60 Min – Rules and Definitions**
 - i. New rules & mechanics for the year, regulation game, force out, tie breaker and double base SP Pitching box, Defensive charged conference
 - ii Players&Subs, DP/Flex, SP extra player, temporary runner,
 - iii Pitching Regulation Feet, Hands
 - iv Batting Batting order, position in box, hitting the ball, hitting the Ball completely outside or touching, hitting the ball a Second time, batter hits ball or ball hits batter(in or out of box, batter interference On deck batter, Stepping across home plate
 - V Base Running Lead-off, stopping between home and 1st,3 foot line, Runner hit by ball, base awards
 - Vi Fielding Obstruction, catcher obstruction, tags, scaling fence Interference (runner, spectator, umpire, coaches)
- 4) **30 Min – Plate Mechanics**
 - i. Stance
 - ii. Mask Mechanics
 - iii. Strike Zone
 - iv. Movements from Plate
- 5) **30 Min – Base Mechanics**
 - i. Responsibilities
 - ii. Movement (Ball in Umpire Out/Ball Out Umpire In)
 - iii. 4 Elements/ Tracking of Ball/Angles
- 6) **30 Min – Systems**
 - i. 1 Umpire ISF
 - ii. 2 Umpire ISF
- 7) **15 Min - Game Control**
 - i. Hustle
 - ii. Voice
 - iii. Respect
 - iv. Plate Conference
- 8) **15 Min – Closing**